



# Generic Global Diffusion for Analytic a Priori Unstable Systems

Amadeu Delshams<sup>1</sup> , Ke Zhang<sup>2</sup>

<sup>1</sup> Laboratory of Geometry and Dynamic Systems and IMTech, Universitat Politècnica de Catalunya (UPC), 08034 Barcelona, Spain. E-mail: [Amadeu.Delshams@upc.edu](mailto:Amadeu.Delshams@upc.edu)

<sup>2</sup> University of Toronto, ON M5S 1A1, Canada

Received: 16 December 2024 / Accepted: 2 May 2025

© The Author(s), under exclusive licence to Springer-Verlag GmbH Germany, part of Springer Nature 2025

**Abstract:** We show that given a general a priori unstable Hamiltonian

$$\frac{1}{2}p^2 + V(q) + G(I) + \epsilon h(p, q, I, \varphi, t),$$

where  $h$  is a generic Mañé analytic function and  $\epsilon$  is small enough, there is an orbit for which the momentum  $I$  changes by any arbitrarily prescribed value. We call this phenomenon as global diffusion since the size of the change in  $I$  is independent of both  $\epsilon$  and  $h$ . The fact that the pendulum and rotor variables are uncoupled is used essentially in our proof. The proof is based on simple and constructive geometrical methods, carefully studying the reduced Poincaré functions of the problem which generate the corresponding scattering maps.

## 1 Introduction

For a nearly integrable Hamiltonian

$$H_\epsilon(I, \varphi) = H_0(I) + \epsilon H_1(I, \varphi), \quad (1)$$

a large part of the phase space is occupied by invariant KAM tori, making the system remarkably stable. Arnold diffusion is the study of topological instability in the complement of these KAM tori. The instability is created by resonances of the unperturbed frequency  $\partial_I H_0(I)$ . Indeed, in the first example of Arnold diffusion, Arnold [1] considers the system

$$H_\epsilon = \frac{1}{2}(I_1^2 + I_2^2) + \epsilon(\cos \varphi_1 - 1) + \epsilon\mu(\cos \varphi_1 - 1)f(\varphi_2, t), \quad (2)$$

and proves that for suitable  $f$  and  $0 < \mu \ll \epsilon$ , there exists an orbit whose  $I_2$  component change for an arbitrary large distance along the resonance  $\{I_1 = 0\}$ . Since  $\mu$  is taken

much smaller than  $\epsilon$ , after a rescaling we may assume  $\epsilon = 1$  in (2). This type of systems are called *a priori unstable* because the hyperbolic structure that leads to instability exists even at  $\mu = 0$ . The original problem (1) is called *a priori stable*, since the unperturbed system is completely integrable.

We have seen much progress in proving Arnold diffusion holds for *generic*  $C^r$  *a priori stable* systems for a convex  $H_0$ , while the non-convex case remains wide open. We refer to [5, 6, 15, 27, 29, 30] for a non-exhaustive list of references. Those results are built on decades of progress on *a priori unstable* systems, see [2, 3, 7, 8, 12, 13, 25, 31, 32] and reference therein.

For real analytic systems, however, generic Arnold diffusion for *a priori stable* systems remain wide open. A large body of literature is dedicated to analytic examples of diffusion (for example [26, 33]) and concrete systems like the N-body problems (for example [9, 16]). A related problem is the instability around elliptic fixed points or KAM tori, see [19–21]. For generic analytic perturbation of *a priori chaotic* systems, we mention the works of Gelfreich-Turaev [22] and Clarke-Turaev [10]. For *a priori unstable* systems, Delshams-Schaefer [17, 18] studied the diffusion for a finite parameter family of perturbations.

The most relevant work to this paper is [4] by Chen-de la Llave, who proved that for an *a priori unstable* system of the type

$$H_\epsilon = H_0(p, q, I) + \epsilon h(p, q, I, \varphi, t), \quad H_0(p, q, I) = G(I) + \sum_{i=1}^d \pm \left( \frac{1}{2} p_i^2 + V_i(q_i) \right),$$

$$p \in \mathbb{R}^n, q \in \mathbb{T}^n, I \in \mathbb{R}^d, \varphi \in \mathbb{T}^d, t \in \mathbb{T}, \quad (3)$$

for a Mañé generic analytic perturbation  $H_1$  (precise definition to be given later), there exists a diffusion orbit  $(p, q, I, \varphi)(t)$  and  $T > 0$  such that

$$|I(T) - I(0)| > \rho(H_1).$$

The point is that the magnitude of the topological instability does not vanish as  $\epsilon \rightarrow 0$ .

The main result of our paper is that in a system of type (3), for  $n = 1$  and  $d = 1$ , one can achieve *large-scale* diffusion for a Mañé generic analytic perturbation independent of  $H_1$ . Indeed, our main result claims that given *any*  $I^- < I^+$ , for a Mañé generic analytic potential  $H_1$ , for all  $\epsilon < \epsilon_0(H_1)$ , the system  $H_0 + \epsilon H_1$  admits an orbit  $(p, q, I, \varphi)(t)$  and  $T > 0$  such that

$$I(0) < I^- < I^+ < I(T).$$

We call this large drift of the variable  $I$  *global diffusion*, compared to the local-scale diffusion of [4]. In particular, it follows from our result that Arnold's Theorem in [1] remains true for a generic analytic perturbation of the type  $h(\varphi_1, \varphi_2, t)$  instead of the special perturbation  $(\cos \varphi_1 - 1)f(\varphi_2, t)$  chosen by Arnold.

One of the goals of this paper is to show generic global instability in a simple way so that it is accessible to a wider audience. To avoid technical complications, we have restricted ourselves to the one-dimensional case both with regard to the pendulum variables  $p, q$ , and the action-angle variables  $I, \varphi$ .

On the one hand, following the philosophy that more hyperbolic variables generate more instability paths, we believe that, by appropriately modifying the Melnikov Potential used, the method followed in this work could be applied to the case in which

this hyperbolicity is produced by several pendulums, although this would affect the genericity of the unperturbed model.

On the other hand, the introduction of multi-dimensional action variables entails the treatment of several possible instability directions as well as the appearance of resonances, and here the method presented could not be applied directly.

Besides the a-priori unstable system (3), it is interesting to consider the *coupled* a priori unstable systems which include also a term coupling  $I, p$ . These coupled systems seems more relevant in the study of normal forms in near integrable systems, see, for instance [14]. In these coupled a priori unstable systems, the scattering map involves a phase-shift. We will not consider this in this paper. Moreover, since the name a priori unstable has already been used many times in the literature, we have preferred not to include the adjective “uncoupled” throughout this paper for the a priori unstable systems we are considering.

Our proof uses the scattering map approach (see [12, 13, 23, 24]). The diffusion orbit travels close to a normally hyperbolic invariant manifold (NHIM), and the dynamics can be described by the scattering map (homoclinic excursion) and inner map (dynamics restricted to the NHIM). The scattering map can be computed to the first order by means of the Melnikov potential  $\mathcal{L}_h(I, \varphi, s)$  introduced in (6). Our approach is twofold:

- Generically, for every fixed  $I$  the Melnikov potential  $\mathcal{L}_h(I, \cdot, \cdot)$  admits a non-degenerate local minimum. These local minima are obtained from local extension of the global minima.
- Near these local minima of the Melnikov potential, we show that there exists a pseudo-orbit of the scattering map and the restricted dynamics to the invariant manifold whose  $I$  component is increasing. We call this the “Ascending Ladder”. We then show that there exists a trajectory of the Hamiltonian system which shadows the ascending ladder.

It is important to emphasize that these previous conditions that guarantee genericity are fully verifiable in specific systems from Physics, Engineering or other applied fields, and allow the explicit calculation of the pseudo-orbits of the scattering map which are then shadowed by trajectories of the system.

In the approach followed, no quantitative estimates of diffusion time are made nor is there an attempt to optimize them, since our goal is to propose a very general, simple, and constructive diffusion mechanism. In pursuit of simplicity for the reader, this paper is almost self-contained, except for the theory of scattering maps and the geometric mechanism of diffusion (Proposition 3.1, equation (8), and Lemma A.1), for which specific references are given.

## 2 Formulation of the Main Result

Consider the Hamiltonian

$$H_\epsilon(p, q, I, \varphi, t) = \frac{1}{2}p^2 + V(q) + G(I) + \epsilon h(p, q, I, \varphi, t), \quad (4)$$

where

$$(p, q, I, \varphi, t) \in M := \mathbb{R} \times \mathbb{T} \times \mathbb{R} \times \mathbb{T} \times \mathbb{T}.$$

Assume that

- (1)  $V$  has a non-degenerate global maximum; without loss of generality, suppose it is at  $q = 0$ .
- (2) For the Hamiltonian system  $\frac{1}{2}p^2 + V(q)$ , the stable and unstable manifolds of  $(0, 0)$  intersect along a homoclinic trajectory

$$\{(p_0(t), q_0(t)) : t \in \mathbb{R}\}. \quad (5)$$

- (3) The frequency map  $I \mapsto \omega(I) := G'(I)$  admits the following property: For every interval  $(I_1, I_2) \subset [I^-, I^+]$ ,  $\omega((I_1, I_2))$  contains a nontrivial interval. Note that in particular, this is satisfied if  $\omega(I)$  never vanishes.

**Definition 1.** Let  $U \subset M$  be an open set. We define its  $\sigma$ -complex neighborhood to be

$$\mathcal{B}_\sigma(U) = \{\tilde{z} = (p, q, I, \varphi, t) \in \mathbb{C} \times (\mathbb{C}/\mathbb{Z}) \times \mathbb{C} \times (\mathbb{C}/\mathbb{Z}) \times (\mathbb{C}/\mathbb{Z}) : \text{dist}(\tilde{z}, U) < \sigma\}.$$

Let  $\mathcal{A}_\sigma(U)$  denote the space of all real analytic functions on  $U$  that can be extended to a bounded analytic function on  $\mathcal{B}_\sigma(U)$ . Equipped with the supremum norm, this is a Banach space. Let

$$Q = \mathbb{T} \times \mathbb{T} \times \mathbb{T}$$

denote the configuration space, i.e., the space of the variables  $(q, \varphi, t)$ . We will also consider the complex strip

$$\mathcal{D}_\sigma = \{(q, \varphi, t) \in (\mathbb{C}/\mathbb{Z}) \times (\mathbb{C}/\mathbb{Z}) \times (\mathbb{C}/\mathbb{Z}) : \|\text{Re}(q, \varphi, t)\| < \sigma\}$$

and the space  $\mathcal{P}_\sigma$  of real analytic functions on  $Q$  extensible to a bounded function on  $\mathcal{D}_\sigma$ . Identifying a function  $f \in \mathcal{P}_\sigma$  with its trivial extension to  $\mathcal{B}_\sigma(M)$ ,  $\mathcal{P}_\sigma \subset \mathcal{B}_\sigma(U)$  for any  $U$ .

**Theorem 2.1.** Let  $U \subset M$  be open. Let  $I^- < I^+$  be such that

$$\{(p_0(t), q_0(t)) : t \in \mathbb{R}\} \times [I^-, I^+] \times \mathbb{T} \times \mathbb{T} \subset U.$$

Then for any  $h \in \mathcal{A}_\sigma(U)$ , there exists an open and dense set  $\mathcal{G}_h$  of  $\mathcal{P}_\sigma$  such that, for any  $g \in \mathcal{G}_h$ , the following holds for the Hamiltonian system

$$H_\epsilon = \frac{1}{2}p^2 + V(q) + G(I) + \epsilon(h(p, q, I, \varphi, t) + g(q, \varphi, t)).$$

There exists  $\epsilon_0(h+g) > 0$  such that for all  $\epsilon \in (0, \epsilon_0)$ , the system  $H_\epsilon$  admits a trajectory  $(p, q, I, \varphi)(t)$ ,  $t \in [0, T]$ , satisfying

$$I(0) < I^-, \quad I(T) > I^+.$$

*Remark 1.* Our theorem says that for the system  $\frac{1}{2}p^2 + V(q) + G(I) + \epsilon h$  a diffusion trajectory whose  $I$  variable varies over the range  $[I^-, I^+]$  always exists after a (possibly arbitrarily small) generic potential perturbation  $\epsilon g$ . This is commonly referred to as *generic in the sense of Mañé* (see [28]), which is stronger than genericity in the space  $\mathcal{A}_\sigma$ . The size of diffusion is independent of the size of the function  $G(I)$ , which may be relevant to multi-time-scale systems.

*Remark 2.* Let  $\mathcal{X}$  be a subspace of the Banach space  $\mathcal{A}_\sigma$ . We say a subset  $\mathcal{G} \subset \mathcal{A}_\sigma$  is generic along transversals  $\mathcal{X}$  if for any  $h \in \mathcal{A}_\sigma$ , the set  $\{g \in \mathcal{X} : h+g \in \mathcal{G}\}$  is open and dense in  $\mathcal{X}$ . The concept of Mañé genericity is then a special case when the transversals are chosen to be the space of all potentials.

### 3 Geometric Description of Diffusion for a Generic Perturbation

**3.1 Scattering map and the geometric construction of diffusion** For  $\varepsilon = 0$ , Hamiltonian (4) becomes

$$\frac{1}{2}p^2 + V(q) + G(I),$$

with associated equations

$$\dot{p} = V'(q), \quad \dot{q} = p, \quad \dot{I} = 0, \quad \dot{\varphi} = \omega(I), \quad \dot{s} = 1,$$

so that  $I$  is a constant of motion and the flow based on the homoclinic trajectory (5) has the form

$$\Phi_0^t(I, \varphi) = (p_0(t), q_0(t), I, \varphi + t\omega(I)).$$

For any  $I \in \mathbb{R}$ ,  $\tilde{T}_I^0 = \{(0, 0, I, \varphi, s); (\varphi, s) \in \mathbb{T}^2\}$  is an invariant 2D-torus under the flow of the system with frequency  $\tilde{\omega}(I) = (\omega(I), 1)$  and is called a *whiskered torus*. For each whiskered torus  $\tilde{T}_I^0$ , we have associated coincident stable and unstable 3D-manifolds called *whiskers*, which we denote by

$$W^0\tilde{T}_I^0 = \{(p_0(\tau), q_0(\tau), I, \varphi, s) : \tau \in \mathbb{R}, (\varphi, s) \in \mathbb{T}^2\}.$$

The union of all whiskered tori  $\tilde{T}_I^0$

$$\tilde{\Lambda}_0 = \{(0, 0, I, \varphi, s) : (I, \varphi, s) \in \mathbb{R} \times \mathbb{T}^2\}$$

is a 3D-Normally Hyperbolic Invariant Manifold (NHIM) with 4D-coincident stable and unstable invariant manifolds, forming a so-called *separatrix*, given by

$$W^0\tilde{\Lambda}_0 = \{(p_0(\tau), q_0(\tau), I, \varphi, s) : \tau \in \mathbb{R}, (I, \varphi, s) \in \mathbb{R} \times \mathbb{T}^2\}.$$

For  $0 < \varepsilon \ll 1$ , the NHIM  $\tilde{\Lambda}_0$  is preserved to a NHIM  $\tilde{\Lambda}_\varepsilon$  [13, Sec. 4.2], and the separatrix  $W^0\tilde{\Lambda}_0$  is locally preserved to the stable manifold  $W^s(\tilde{\Lambda}_\varepsilon)$  and unstable manifold  $W^u(\tilde{\Lambda}_\varepsilon)$  of  $\tilde{\Lambda}_\varepsilon$ , which are defined as

$$W^{s,u}(\tilde{\Lambda}_\varepsilon) = \bigcup_{x \in \tilde{\Lambda}_\varepsilon} W_x^{s,u}(\tilde{\Lambda}_\varepsilon), \quad W_x^{s,u}(\tilde{\Lambda}_\varepsilon) = \left\{ z : \text{dist}(\Phi_\varepsilon^t(z), \Phi_\varepsilon^t(x)) \xrightarrow{t \rightarrow \pm\infty} 0 \right\}.$$

In general, these two invariant manifolds no longer coincide, that is, the separatrix splits. The existence of this splitting can be detected by a perturbation argument in terms of the *Melnikov potential*

$$\begin{aligned} \mathcal{L}(I, \varphi, s) = \mathcal{L}_h(I, \varphi, s) := & - \int_{-\infty}^{\infty} \left[ h(p_0(t), q_0(t), \varphi + t\omega(I), I, s + t) \right. \\ & \left. - h(0, 0, \varphi + t\omega(I), I, s + t) \right] dt. \end{aligned} \quad (6)$$

Notice that this integral is absolutely convergent, because the homoclinic trajectory (5) converges exponentially fast to  $(0, 0)$  as  $t \rightarrow \pm\infty$ .

**Proposition 3.1** (DLS06). *Given  $(I, \varphi, s) \in [-I^*, I^*] \times \mathbb{T}^2$ , assume that the real function*

$$\tau \in \mathbb{R} \mapsto \mathcal{L}(I, \varphi - \tau \omega(I), s - \tau) \in \mathbb{R} \quad (7)$$

*has a non-degenerate critical point  $\tau^* = \tau^*(I, \varphi, s)$ . Then, for  $0 < \varepsilon$  small enough, there exists a unique transverse homoclinic point  $\tilde{z}_\varepsilon$  to  $\tilde{\Lambda}_\varepsilon$  of Hamiltonian (4), which is  $\varepsilon$ -close to the point  $\tilde{z}^*(I, \varphi, s) = (p_0(\tau^*), q_0(\tau^*), I, \varphi, s) \in W^0(\tilde{\Lambda})$ :*

$$\tilde{z}_\varepsilon = \tilde{z}_\varepsilon(I, \varphi, s) = (p_0(\tau^*) + O(\varepsilon), q_0(\tau^*) + O(\varepsilon), I, \varphi, s)$$

$$\text{and } \tilde{z}_\varepsilon \in W^u(\tilde{\Lambda}_\varepsilon) \pitchfork W^s(\tilde{\Lambda}_\varepsilon).$$

Using this Proposition we can introduce the notion of the *scattering map*, which plays a central rôle in our mechanism for detecting diffusion. Let  $W$  be an open set of  $[-I^*, I^*] \times \mathbb{T}^2$  such that the invariant manifolds of the NHIM  $\tilde{\Lambda}_\varepsilon$  intersect transversely along a homoclinic manifold  $\Gamma_\varepsilon = \{\tilde{z}_\varepsilon(I, \varphi, s), (I, \varphi, s) \in W\}$  and for any  $\tilde{z}_\varepsilon \in \Gamma_\varepsilon$  there exists a unique  $\tilde{x}_\pm = \tilde{x}_{\pm, \varepsilon}(I, \varphi, s) \in \tilde{\Lambda}_\varepsilon$  such that  $\tilde{z}_\varepsilon \in W_\varepsilon^s(\tilde{x}_-) \cap W_\varepsilon^u(\tilde{x}_+)$ . Let

$$H_\pm = \bigcup \{\tilde{x}_\pm = \tilde{x}_{\pm, \varepsilon}(I, \varphi, s) : (I, \varphi, s) \in W\}.$$

The scattering map associated to  $\Gamma_\varepsilon$  is the map

$$\begin{aligned} S_\varepsilon : H_- &\longrightarrow H_+ \\ \tilde{x}_- &\longmapsto S_\varepsilon(\tilde{x}_-) = \tilde{x}_+. \end{aligned}$$

Notice that the domain of definition of the scattering map depends on the homoclinic manifold chosen, but it is a subset of  $O(1)$  size in  $\tilde{\Lambda}_\varepsilon$  with respect to  $\varepsilon$ , i.e., it has a non-trivial limit as  $\varepsilon \rightarrow 0$ . If necessary, we can even restrict it further to avoid a non trivial monodromy in the definition of the scattering map, see, for instance, the comments in [11]. Therefore, for the characterization of the scattering maps, it is required to select the homoclinic manifold  $\Gamma_\varepsilon$ , which is determined by the function  $\tau^*(I, \varphi, s)$ . Once a function  $\tau^*(I, \varphi, s)$  is chosen, by the geometric properties of the scattering map, particularly its exactness, see [13], the scattering map  $S_\varepsilon = S_{\varepsilon, \tau^*}$  has the explicit form [12, eq. (9.9)]

$$S_\varepsilon(I, \varphi, s) = \left( I + \varepsilon \partial_\varphi L^* + \mathcal{O}(\varepsilon^2), \varphi - \varepsilon \partial_I L^* + \mathcal{O}(\varepsilon^2), s \right), \quad (8)$$

where  $L^* = L^*(I, \varphi, s)$  is the *Poincaré function defined by*

$$L^*(I, \varphi, s) = \mathcal{L}(I, \varphi - \tau^*(I, \varphi, s) \omega(I), s - \tau^*(I, \varphi, s)). \quad (9)$$

Notice that if  $\tau^*(I, \varphi, s)$  is a critical point of (7),  $\tau^*(I, \varphi, s) - \sigma$  is a critical point of

$$\begin{aligned} \tau \in \mathbb{R} &\longmapsto \mathcal{L}(I, \varphi - (\tau + \sigma) \omega(I), s - (\tau + \sigma)) \\ &= \mathcal{L}(I, \varphi - \sigma \omega(I) - \tau \omega(I), s - \sigma - \tau) \end{aligned} \quad (10)$$

Since  $\tau^*(I, \varphi - \sigma \omega(I), s - \sigma)$  is a critical point of the right-hand side of (10), by the uniqueness in  $W$  we can conclude that

$$\tau^*(I, \varphi - \sigma \omega(I), s - \sigma) = \tau^*(I, \varphi, s) - \sigma.$$

Thus, by (9), the Poincaré function  $L^*$  satisfies

$$L^*(I, \varphi - \sigma \omega(I), s - \sigma) = L^*(I, \varphi, s), \quad \sigma \in \mathbb{R},$$

and, in particular, for  $\sigma = s$ ,

$$L^*(I, \varphi - s \omega(I), 0) = L^*(I, \varphi, s).$$

In other words, the Poincaré function  $L^*$  is invariant under the flow  $\dot{\varphi} = \omega(I)$ ,  $\dot{s} = 1$  or, equivalently, is constant along any line in the  $(\varphi, s)$ -plane  $\varphi - s \omega(I) = \text{constant}$ .

These previous equations are telling us that we can reduce the variables in both the Poincaré function  $L^*$  and the time  $\tau^*$ . Indeed, writing them for  $\sigma = s$  and introducing the variable

$$\theta = \varphi - s \omega(I), \quad (11)$$

we can define the *reduced Poincaré function*  $\mathcal{L}^*$  as well as the reduced time  $\bar{\tau}^*$ , defined only in the variables  $(I, \theta)$ , as

$$\mathcal{L}^*(I, \theta) := L^*(I, \varphi - s \omega(I), 0) = L^*(I, \varphi, s),$$

$$\bar{\tau}^*(I, \theta) := \tau^*(I, \varphi - s \omega(I), 0) = \tau^*(I, \varphi, s) - s. \quad (12)$$

Moreover we also have

$$\mathcal{L}^*(I, \theta) = \mathcal{L}(I, \theta - \bar{\tau}^*(I, \theta) \omega(I), -\bar{\tau}^*(I, \theta)). \quad (13)$$

Along this paper, both  $\tau^*(I, \varphi, s)$  and  $\bar{\tau}^*(I, \theta)$  will be used at our convenience.

Note that the variable  $s$  is fixed under the scattering map (8). As a consequence, we can consider, for instance, the section

$$\Lambda_\epsilon = \tilde{\Lambda}_\epsilon \cap \{s = 0\}$$

and the scattering map  $S_\epsilon$  is well defined on  $\Lambda_\epsilon$ .

In the variables  $(I, \theta)$  introduced in (11), the scattering map has the simple form

$$S_\epsilon(I, \theta) = S_\epsilon(I, \varphi) = \left( I + \varepsilon \frac{\partial \mathcal{L}^*}{\partial \theta}(I, \theta) + \mathcal{O}(\varepsilon^2), \theta - \varepsilon \frac{\partial \mathcal{L}^*}{\partial I}(I, \theta) + \mathcal{O}(\varepsilon^2) \right).$$

So, up to  $\mathcal{O}(\varepsilon^2)$  terms,  $S_\epsilon(I, \theta)$  is the  $-\varepsilon$  times flow of *autonomous* Hamiltonian  $\mathcal{L}^*(I, \theta)$ . In particular, a finite number of iterates under the scattering map follow the level curves of  $\mathcal{L}^*$  up to  $\mathcal{O}(\varepsilon^2)$ .

*Remark 3.*  $S_\epsilon$  is close to identity only when there is no phase shift, i.e., thanks to the fact that we are only dealing with an *uncoupled* a priori unstable system. If we introduce a coupling term between  $p$  and  $I$  in Hamiltonian (4), then one might expect that

$$S_\epsilon(I, \theta) = (I, \theta + \gamma(I)) + \mathcal{O}(\epsilon),$$

where  $\gamma(I)$  is the phase shift. In this case  $S_\epsilon$  is no longer close to identity.

We now introduce another map defined on the NHIM  $\Lambda_\epsilon$ . Since  $\tilde{\Lambda}_\epsilon$  is invariant under the Hamiltonian flow and  $\Lambda_\epsilon$  is a global section, there exists a Poincaré map

$$T_\epsilon : \Lambda_\epsilon \rightarrow \Lambda_\epsilon.$$

The map  $T_\epsilon$  preserves the restriction of the symplectic form to  $\Lambda_\epsilon$ , and has the expansion

$$T_\epsilon(I, \varphi) = (I, \varphi + \omega(I)) + \mathcal{O}(\epsilon).$$

We call this map the *inner map*.

In the sequel, we call a measure on a manifold a *smooth measure* if it is given by a non-zero density multiplied by the volume form supported on an open set.

**Lemma 3.2.** *There exists  $\epsilon_0 > 0$  such that for all  $0 < \epsilon < \epsilon_0$  the following hold. There exists  $\gamma_-, \gamma_+ \subset \Lambda_\epsilon$  that are graphs over the variable  $\theta$  and invariant under  $T_\epsilon$ , such that the  $T_\epsilon$ -invariant subset of  $\Lambda_\epsilon$  bounded by  $\gamma_-$  and  $\gamma_+$  contains*

$$[I^-, I^+] \times \mathbb{T} \cap \Lambda_\epsilon.$$

*In particular, the dynamics of  $T_\epsilon$  on  $\Lambda_\epsilon$  preserves a smooth measure whose support contains  $[I^-, I^+] \times \mathbb{T} \cap \Lambda_\epsilon$ .*

We now restrict  $\Lambda_\epsilon$  to the compact invariant set between  $\gamma_\pm$ , which is still called  $\Lambda_\epsilon$ .

The following statement is a minor modification of the main result of [24], and is our main technical tool for construction of diffusion orbits. This result is non-perturbative, so we formulate it for a general Hamiltonian  $H$  with a compact invariant NHIM  $\Lambda$ .

**Proposition 3.3.** *Assume the Hamiltonian  $H$  admits a compact NHIM  $\Lambda$  on which multiple scattering maps  $S_j$  are defined on open subsets of  $\Lambda$ . Assume that the inner map  $T$  preserves a smooth measure on  $\Lambda$ , and each  $S_j$  maps positive (Lebesgue) measure sets to positive measure sets and zero measure sets to zero measure sets.*

*Let  $x_0, \dots, x_{N-1}$  be a pseudo-orbit<sup>1</sup> under the iterate of either the inner map or one of the scattering maps, that is,*

$$x_{i+1} = f_i(x_i), \quad 1 \leq i \leq N-1,$$

*where  $f_i$  is either  $T$  or one of the scattering maps  $S_j$ . Then for any  $\delta > 0$ , there exists a trajectory  $z : \mathbb{R} \rightarrow M$  of  $H_\epsilon$  shadowing the pseudo-orbit  $x_i$ , i.e., there exists  $t_0 < \dots < t_N$  such that*

$$\text{dist}(x_i, z(t_i)) < \delta, \quad 0 \leq i \leq N.$$

Theorem 3.7 of [24] states that if the pseudo-orbit only involves the scattering maps, then the shadowing result holds. However, the proof in [24] can be adapted to prove Proposition 3.3 with minor changes, see Appendix A.

**Remark 4.** Proposition 3.3 does not provide an estimate of “diffusion time”, i.e., upper bound estimates on  $t_i$ . This is due to the lack of return time estimates for the inner dynamics. See Remark 3.15 of [24].

### 3.2 Conditions on the Melnikov potential

**Definition 2.** Define  $\mathcal{G}(I^-, I^+)$  to be the set of functions  $h$  in the space  $\mathcal{A}_\sigma(U)$  introduced in Def. 1 for which the following holds:

- There exists intervals  $(I_j^-, I_j^+)$ ,  $j = 1, \dots, k$  such that

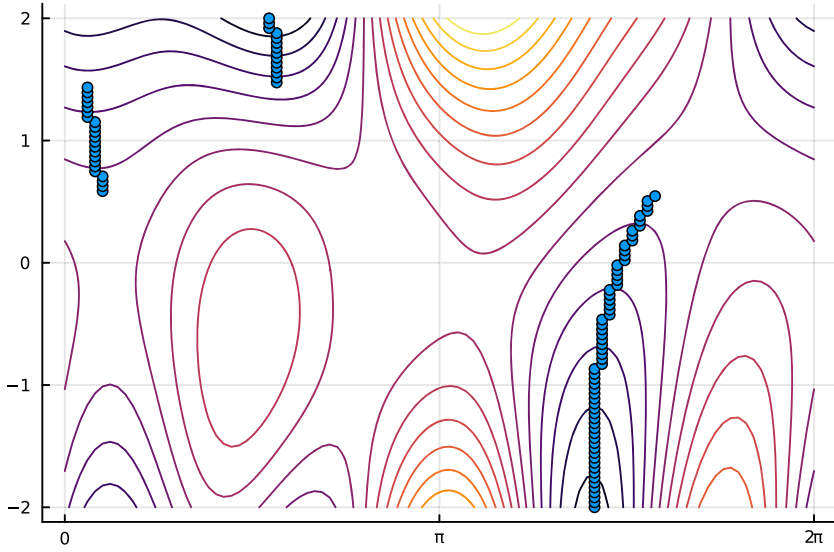
$$I_1^- < \dots < I_k^-, \quad (I_j^-, I_j^+) \cap (I_{j+1}^-, I_{j+1}^+) \neq \emptyset, \quad j = 1, \dots, k-1,$$

and

$$[I^-, I^+] \subset \bigcup_j (I_j^-, I_j^+).$$

<sup>1</sup> We use the term pseudo-orbit to stress that it is not an orbit of the Hamiltonian dynamics, even though it is an orbit of the polsystem (i.e. iteration under multiple maps).





**Fig. 1.** The levels curves and global minima of a typical reduced Poincaré function  $\mathcal{L}_h^*(I, \theta)$  defined on  $\mathbb{R} \times \mathbb{T}$ . Note: the vertical coordinate is  $I$  and horizontal coordinate is  $\theta$

- For each  $j$ , there exists a smooth mapping

$$(\varphi_j^*, s_j^*) : [I_j^-, I_j^+] \rightarrow \mathbb{T} \times \mathbb{T},$$

such that for each  $I \in [I_j^-, I_j^+]$ ,  $(\varphi_j^*, s_j^*)(I)$  is a non-degenerate local minimum of the function

$$\mathcal{L}_h(I, \cdot, \cdot).$$

We will show (Proposition 3.4) that for a generic  $h$ , the associated Melnikov potential  $\mathcal{L}_h(I, \varphi, s)$  satisfies the conditions in Definition 2. In fact, the local minima  $(\varphi_j^*, s_j^*)$  can be chosen as local extension of the global minima of  $\mathcal{L}_h(I, \cdot, \cdot)$ . Moreover, in Lemma 3.7 we will see that they generate local minima  $\theta_j^*(I)$  of  $\mathcal{L}_h^*(I, \cdot)$ . In Figure 1, we give an illustration of the position of global minima over  $\mathbb{T}$  for a typical reduced Poincaré function  $\mathcal{L}_h^*(I, \theta)$ .

**Proposition 3.4.** *For any  $h \in \mathcal{A}_\sigma(U)$ , there exists an open and dense set  $\mathcal{G}_h \subset \mathcal{P}_\sigma$  such that  $h + g \in \mathcal{G}(I^-, I^+)$  for all  $g \in \mathcal{G}_h$ .*

**Proposition 3.5.** *Suppose  $h \in \mathcal{G}(I^-, I^+)$ , then there exists  $\epsilon_0(h) > 0$  such that for all  $\epsilon \in (0, \epsilon_0)$ , there exists an orbit  $(p, q, I, \varphi)(t)$  of (4) and  $T > 0$  such that*

$$I(0) < I^- < I^+ < I(T).$$

Proposition 3.4 will be proven later. In the sequel, let us fix  $h \in \mathcal{G}(I^-, I^+)$  and prove existence of a diffusion trajectory.

**Lemma 3.6.** Suppose  $h \in \mathcal{G}(I^-, I^+)$ , then there exists neighborhoods  $U_j(I)$  of  $(\varphi_j^*(I), s_j^*(I))$  for  $I \in [I_j^-, I_j^+]$ , and functions  $\tau_j^*(I, \varphi, s)$

$$(\varphi, s) \in U_j(I) \mapsto \tau_j^*(I, \varphi, s), \quad \tau_j^*(I, \varphi_j^*(I), s_j^*(I)) = 0,$$

depending smoothly in  $(\varphi, s, I)$ , such that each  $\tau_j^*$  is a non-degenerate local minimum of

$$\tau \mapsto \mathcal{L}_h(I, \varphi - \tau\omega(I), s - \tau). \quad (14)$$

*Proof.* We need to solve the equation

$$\partial_\tau (\mathcal{L}_h(I, \varphi - \tau\omega(I), s - \tau)) = -(\omega(I) \cdot \partial_\varphi \mathcal{L}_h + \partial_s \mathcal{L}_h) \big|_{(I, \varphi - \tau\omega(I), s - \tau)} = 0. \quad (15)$$

Since  $(\varphi_j^*(I), s_j^*(I))$  is a non-degenerate local minimum of  $\mathcal{L}_h(I, \cdot, \cdot)$ ,  $\tau = 0$  solves (15) at  $(\varphi_j^*(I), s_j^*(I))$ .

Since  $\partial_{(\varphi, s)}^2 \mathcal{L}_h(I, \varphi_j^*(I), s_j^*(I))$  is positive definite, and

$$\begin{aligned} & \partial_\tau \left( -(\omega(I) \cdot \partial_\varphi \mathcal{L}_h + \partial_s \mathcal{L}_h) \big|_{(I, \varphi - \tau\omega(I), s - \tau)} \right) \\ &= -\partial_\tau \left( \partial_{(\varphi, s)} \mathcal{L}_h \begin{bmatrix} \omega(I) \\ 1 \end{bmatrix} \big|_{(I, \varphi - \tau\omega(I), s - \tau)} \right) \\ &= [\omega(I) \ 1] \partial_{(\varphi, s)}^2 \mathcal{L}_h(I, \varphi - \tau\omega(I), s - \tau) \begin{bmatrix} \omega(I) \\ 1 \end{bmatrix}, \end{aligned}$$

we get

$$\partial_\tau^2 \left( \mathcal{L}_h(I, \varphi_j^*(I) - \tau\omega(I), s_j^*(I) - \tau) \right) > 0. \quad (16)$$

By the implicit function theorem, there exists a unique  $\tau_j^*(I, \varphi, s)$ , depending smoothly on  $(I, \varphi, s)$  in a neighborhood of the graph  $(I, \varphi_j^*(I), s_j^*(I))$  over the variable  $I$ , solving equation (15). Moreover,  $\tau_j^*$  are non-degenerate local minima for the mapping (14) due to (16).  $\square$

In view of this Lemma, on each interval  $(I_j^-, I_j^+)$  and for  $\theta = \varphi - s\omega(I)$  with  $(\varphi, s) \in U_j(I)$ , we can now introduce  $\bar{\tau}_j^*(I, \theta)$  and  $\mathcal{L}_j^*(I, \theta)$  by the same formulas (12,13) defining  $\bar{\tau}^*(I, \theta)$  and  $\mathcal{L}^*(I, \theta)$ , simply changing  $\tau^*$  to  $\tau_j^*$ . We will also denote

$$\theta_j^*(I) = \varphi_j^*(I) - s_j^*\omega(I).$$

**Lemma 3.7.** For each  $I \in [I_j^-, I_j^+]$ ,  $\theta_j^*(I)$  is a non-degenerate minimum of  $\mathcal{L}_j^*(I, \cdot)$ .

*Proof.* If  $\tau^* = \tau^*(I, \varphi, s)$  is a critical point of (14), it satisfies

$$(\omega(I) \partial_\varphi \mathcal{L}_h + \partial_s \mathcal{L}_h) \big|_{(I, \varphi - \tau^*\omega(I), s - \tau^*)} = 0,$$

so that we also have

$$\begin{aligned} & (\omega(I) \partial_\varphi \mathcal{L}_h + \partial_s \mathcal{L}_h) \big|_{(I, \theta - \bar{\tau}^*(I, \theta)\omega(I), -\bar{\tau}^*(I, \theta))} \\ &= (\omega(I) \partial_\varphi \mathcal{L}_h + \partial_s \mathcal{L}_h) \big|_{(I, \theta - \tau^*(I, \theta, 0)\omega(I), -\tau^*(I, \theta, 0))} = 0. \end{aligned} \quad (17)$$

Denote by  $\text{id}$  the identity matrix, then differentiating (13) we get

$$\begin{aligned}\partial_\theta \mathcal{L}_j^*(I, \theta) &= \partial_\varphi \mathcal{L}_h \left( \text{id} - \partial_\theta \bar{\tau}_j^* \omega(I) - \partial_\theta \bar{\tau}_j^* \partial_s \mathcal{L}_h \right) \Big|_{(I, \theta - \bar{\tau}_j^* \omega(I), -\bar{\tau}_j^*)} \\ &= \left( \partial_\varphi \mathcal{L}_h - \partial_\theta \bar{\tau}_j^* (\omega(I) \partial_\varphi \mathcal{L}_h + \partial_s \mathcal{L}_h) \right) \Big|_{(I, \theta - \bar{\tau}_j^* \omega(I), -\bar{\tau}_j^*)} \\ &= \partial_\varphi \mathcal{L}_h \Big|_{(I, \theta - \bar{\tau}_j^* \omega(I), -\bar{\tau}_j^*)}\end{aligned}$$

by (17). Since  $\bar{\tau}_j^* = \bar{\tau}_j^*(I, \theta_j^*) = \tau_j^*(I, \varphi_j^*(I), s_j^*(I)) = -s_j^*(I)$  by (12), we have that  $(I, \theta - \bar{\tau}_j^* \omega(I), -\bar{\tau}_j^*) = (I, \varphi_j^*(I), s_j^*(I))$ , and we get that  $\theta_j^*(I)$  is a critical point of  $\mathcal{L}_j^*(I, \cdot)$ . Furthermore, repeating the same calculation, we have

$$\partial_{\theta\theta}^2 \mathcal{L}_j^* = \partial_{\varphi\varphi}^2 \mathcal{L}_h \Big|_{(I, \theta - \bar{\tau}_j^* \omega(I), -\bar{\tau}_j^*)}.$$

Since  $\partial_{\varphi\varphi}^2 \mathcal{L}_h$  is positive definite at  $(\varphi_j^*, s_j^*)$ ,  $\theta_j^*$  is a non-degenerate local minimum.  $\square$

**Lemma 3.8** (Ascending ladder). *There exists  $\delta_0 > 0$  such that for every  $\delta \in (0, \delta_0)$ , there exists a sequence of curves*

$$\gamma_{i,j} \subset [I^-, I^+] \times \mathbb{T} \quad 1 \leq i \leq m_j, \quad 1 \leq j \leq k, \quad l \in \{1, 2\}$$

such that the following holds.

(1) For each  $i, j$ , the curve  $\gamma_{i,j}$  is a smooth graph over the variable  $I$ , i.e.,

$$\gamma_{i,j} = \{(I, f_{i,j}(I)) : I \in [I_{i,j}^1, I_{i,j}^2]\}.$$

$\gamma_{i,j}$  is a segment of the level curve of  $\mathcal{L}_j^*$  and the Hamiltonian flow of  $\mathcal{L}_j^*$  on  $\gamma_{i,j}$  is increasing in the  $I$  component.

(2)  $I_{1,j}^1 \in [I_j^-, I_j^- + \delta]$ ,  $I_{m_j,j}^2 \in [I_j^+ - \delta, I_j^+]$ .

(3)  $I_{m_j,j}^2 = I_{1,j+1}^1$  for all  $j = 1, \dots, k-1$ .

Let us also denote by  $x_{i,j}^1, x_{i,j}^2$  the lower and upper end points of the curves  $\gamma_{i,j}$ .

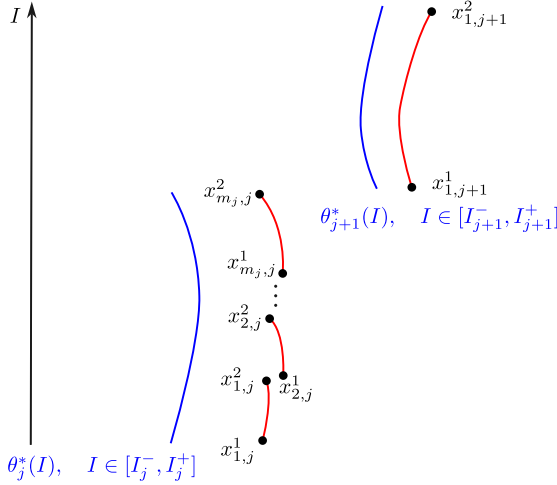
*Proof.* Since  $\theta_j^*(I)$  is a non-degenerate local minimum of  $\partial_\theta \mathcal{L}_j^*(I, \cdot)$ , for every  $I \in [I_j^-, I_j^+]$ , there exists  $\phi(I) > \theta_j^*(I)$ , such that

$$\partial_\theta \mathcal{L}_j^*(I, \phi(I)) > 0.$$

This means there is a segment  $\gamma_j(I)$  of the level curve of  $\mathcal{L}_j^*$ , on which  $I$  is increasing under the Hamiltonian flow of  $\mathcal{L}_j^*$ . By compactness, there exists a finite collection  $\gamma_{i,j}$  of such level curves,  $1 \leq i \leq m_j$  such that  $\bigcup_i \pi_I(\gamma_{i,j}) \supset [I_j^-, I_j^+]$ . One can adjust the collection so that  $\pi_I(\gamma_{i,j}) \cap \pi_I(\gamma_{i,j+1}) \neq \emptyset$  and  $I_j^- \in \pi_I(\gamma_{1,j})$  and  $I_j^+ \in \pi_I(\gamma_{m_j,j})$ . It suffices to choose

$$\begin{aligned}I_{i,j}^1 &\in \pi_I(\gamma_{i,j}) \cap \pi_I(\gamma_{i,j-1}), \quad j \geq 2, \\ I_{i,j}^2 &\in \pi_I(\gamma_{i,j}) \cap \pi_I(\gamma_{i,j+1}), \quad j \leq m_j + 1,\end{aligned}$$

and  $I_{1,j}^1, I_{2,j}^2$  satisfying (2) and (3); then truncate the curves  $\gamma_{i,j}$  to the  $I$  interval  $[I_{i,j}^1, I_{i,j}^2]$ .  $\square$



**Fig. 2.** The ascending ladder

### 3.3 Constructing the transition chain

**Proposition 3.9** (Transition chain). *Let  $h \in \mathcal{G}(I^-, I^+)$ , and let  $\gamma_{i,j}$  be the ascending ladder constructed in Lemma 3.8. Then there is  $\delta_1 > 0$  such that for every  $\delta \in (0, \delta_1)$ , there exists  $\epsilon_0 > 0$  depending on  $h$  and  $\delta$ , such that for every  $\epsilon \in (0, \epsilon_0)$ , there exist*

$$y_{i,j}^l \in [I^-, I^+] \times \mathbb{T}, \quad 1 \leq i \leq m_j, \quad 1 \leq j \leq k, \quad l \in \{1, 2\},$$

and  $M_{i,j}, N_{i,j} \in \mathbb{N}$  such that the following hold (Figure 2).

Let  $S_{j,\epsilon}$  denote the scattering map associated to  $\mathcal{L}_j^*$ , and  $T_\epsilon$  denote the inner dynamics.

- (1)  $S_{j,\epsilon}^{M_{i,j}}(y_{i,j}^1) = y_{i,j}^2$ .
- (2)  $T_\epsilon^{N_{i,j}}(y_{i,j}^2) = y_{i+1,j}^1, i = 1, \dots, m_j - 1$ .
- (3)  $T_\epsilon^{N_{m_j,j}}(x_{m_j,j}^2) = x_{1,j+1}^1, j = 1, \dots, k - 1$ .
- (4)  $|x_{i,j}^l - y_{i,j}^l| < \delta$  for all  $i = 1, \dots, m_j, j = 1, \dots, k, l = 1, 2$ .

We first prove Proposition 3.5 assuming Proposition 3.9.

*Proof of Proposition 3.5.* Let  $I(\cdot)$  denote the projection  $(I, \theta) \mapsto I$ . By Lemma 3.8 and Proposition 3.9, there exists a pseudo-orbit  $\{y_{i,j}^l\}$  of the maps  $S_{j,\epsilon}$  and  $T_\epsilon$ , such that  $I(y_{1,1}^1) < I^-$  and  $I(y_{m_k,k}^2) > I^+$ . By Proposition 3.3, there exists an orbit  $(q, p, I, \varphi)(t)$  of the original Hamiltonian system and  $T > 0$  such that

$$I(0) < I^-, \quad I(T) > I^+.$$

□

The remaining section is dedicated to proving Proposition 3.9.

We have the following simple lemma about integrable twist maps.

**Lemma 3.10.** *Consider the map  $T : [I^-, I^+] \times \mathbb{T} \rightarrow \mathbb{R} \times \mathbb{T}$  defined by*

$$T(I, \theta) = (I, \theta + \omega(I)).$$

*Assume that for every interval  $(I_1, I_2) \subset [I^-, I^+]$ ,  $\omega((I_1, I_2))$  contains a nontrivial interval. Let  $T_\epsilon : [I^-, I^+] \times \mathbb{T} \rightarrow \mathbb{R} \times \mathbb{T}$  be a family of maps such that*

$$\|T_\epsilon - T\|_{C^1} \leq C\epsilon$$

*for an independent constant  $C$ .*

*Then for any two  $C^1$  graphs  $\gamma_1, \gamma_2$  over the variable  $I$*

$$\gamma_1 = \{(I, f(I)) : I \in (I_1, I_2)\}, \quad \gamma_2 = \{(I, g(I)) : I \in (I_1, I_2)\},$$

*$x_1 \in \gamma_1$  and  $\delta > 0$ , there exists  $\epsilon_0 > 0$ ,  $N \in \mathbb{N}$ ,  $x_2 \in \gamma_2$ ,  $\delta' > 0$  depending on  $x_1$ ,  $\delta$  depending only on  $T$  and  $C$ , and  $I_1, I_2$ , such that for all  $\epsilon \in (0, \epsilon_0)$ ,*

$$T_\epsilon^N(B_\delta(x_1)) \supset B_{\delta'}(x_2).$$

*Proof.* By assumption,  $\omega((I_1, I_2))$  contains a nontrivial interval  $(a, b)$ . Let  $c_1 = \inf_{I \in (I_1, I_2)} (f(I) - g(I))$  and  $c_2 = \sup_{I \in (I_1, I_2)} (f(I) - g(I))$ , then

$$\{f(I) - g(I) + N\omega(I) : I \in (I_1, I_2)\} \supset (Na + c_2, Nb + c_1). \quad (18)$$

Let  $N$  be such that  $N(b - a) + c_1 - c_2 > 1$ , then the set (18) projects onto the torus  $\mathbb{T}$  in the  $\theta$  component. This implies

$$T^N(\gamma) = \{f(I) + \omega(I) : I \in (I_1, I_2)\} \cap \gamma_2 \neq \emptyset$$

as subsets of  $\mathbb{R} \times \mathbb{T}$ . Denote the intersection  $x_2 = T^N(x_1)$  where  $x_1 \in \gamma_1$ ,  $x_2 \in \gamma_2$ .

It follows that there exists  $\delta_1 > 0$  depending only on  $T$  and  $N$  such that

$$T^N(B_\delta(x_1)) \supset B_{\delta_1}(x_2).$$

Moreover, we can choose  $\epsilon_0$  small enough such that for all  $\|T_\epsilon - T\|_{C^1} < C\epsilon_0$ , we have

$$T_\epsilon^N(B_\delta(x_1)) \supset B_{\delta_1/2}(x_2).$$

□

Let  $\gamma_{i,j}$ ,  $1 \leq i \leq m_j$ ,  $1 \leq j \leq k$ ,  $l = 1, 2$  be the ascending ladder constructed in Lemma 3.8.

**Lemma 3.11.** *There exists  $\delta_0 > 0$  such that for any  $\delta \in (0, \delta_0)$ , there exists  $\epsilon_0 > 0$  and  $C > 1$  depending only on the perturbation  $h$  and  $\delta$ , such that for all  $1 \leq i \leq m_j$ ,  $1 \leq j \leq k$ , any  $x_1, x_2 \in \gamma_{i,j}$  with  $\pi_I(x_1) < \pi_I(x_2)$ , and  $\epsilon < \epsilon_0$  there exists  $M \in \mathbb{N}$  depending on  $x_1, x_2, \delta, \epsilon$  such that*

$$S_{\epsilon,j}^M(B_\delta(x_1)) \supset B_{\delta/C}(x_2),$$

where  $B_r(x)$  denote the ball of radius  $r$  at  $x$ .

*Proof of Lemma 3.11.* Let  $\phi_j^t$  denote the Hamiltonian flow defined by the Hamiltonian  $\mathcal{L}_j^*$ . By construction, there exists  $t > 0$  such that

$$\phi_j^t(x_1) = x_2$$

There exists  $c > 0$  (depending only on  $\mathcal{L}_j$ , which depends only on  $h$ ) and a local flow-box coordinate

$$\chi_{i,j} : (-c, t+c) \times (-c, c) \rightarrow \mathbb{T} \times \mathbb{R}$$

such that  $x_1 = \chi_{i,j}(0, 0)$  and

$$\phi^t \circ \chi_{i,j}(s, m) = \chi_{i,j}(s+t, m).$$

In particular,  $x_2 = \chi_{i,j}(0, t)$ . Let  $M = \lfloor t/\epsilon \rfloor$ . Since  $S_{\epsilon,j} = \phi_{i,j}^\epsilon + O(\epsilon^2)$ ,  $S_{\epsilon,j}^M = \phi_{i,j}^{\epsilon t} + O(\epsilon)$ ,

$$\chi_{i,j}^{-1} \circ S_{\epsilon,j}^M \circ \chi_{i,j}(s, m) = (s+t, m) + O(\epsilon).$$

For any  $r \in (0, c)$  and  $\epsilon_0$  small enough, we have

$$\chi_{i,j}^{-1} \circ S_{\epsilon,j}^M \circ \chi_{i,j}(B_r(s, m)) \supset B_{r/2}(s+t, m).$$

Let  $C_1 = \max \{ \sup \|D\chi_{i,j}\|, \sup \|D\chi^{-1}\| \}$  which depends only on the perturbation  $h$ . Then if  $C_1\delta \in (0, c)$ ,

$$\begin{aligned} S_{\epsilon,j}^M(B_\delta(x_1)) &\supset \chi_{i,j} \circ \chi_{i,j}^{-1} \circ S_{\epsilon,j}^M \circ \chi_{i,j}(B_{\delta/C_1}(s, m)) \\ &\supset \chi_{i,j}(B_{\delta/(2C_1)}(s+t, m)) \supset B_{\delta/(2C_1^2)}(x_2). \end{aligned}$$

This conclude the proof of Lemma 3.11.  $\square$

*Proof of Proposition 3.9.* We now construct a sequence of balls

$$B_{\delta_{i,j}^l}(z_{i,j}^l) \subset B_\delta(x_{i,j}^l),$$

and  $M_{i,j}, N_{i,j} \in \mathbb{N}$  such that

$$S_{\epsilon,j}^{M_{i,j}}(B_{\delta_{i,j}^1}(z_{i,j}^1)) \supset B_{\delta_{i,j}^2}(z_{i,j}^2), \quad 1 \leq i \leq m_j, \quad 1 \leq j \leq k, \quad (19)$$

and

$$T_\epsilon^{N_{i,j}}(B_{\delta_{i,j}^2}(z_{i,j}^2)) \supset B_{\delta_{i^*,j^*}^1}(z_{i^*,j^*}^1),$$

where  $(i^*, j^*) = (i+1, j)$  if  $i < m_j$  and  $(i^*, j^*) = (1, j+1)$  if  $i = m_j$  and  $j < k$ . This implies existence of  $y_{i,j}^l \in B_{\delta_{i,j}^l}(z_{i,j}^l)$  satisfying the conclusion of our Proposition.

We choose  $\delta_{1,1}^1 = \delta$  and  $z_{1,1}^1 = x_{1,1}^1$ . Constructing by induction, we assume  $\delta_{i,j}^1$  and  $z_{i,j}^1$  are already chosen. Choose  $z_{i,j}^2 = x_{i,j}^2$  and apply Lemma 3.11 to get existence of  $\epsilon_0 > 0$  and  $M_{i,j}^\epsilon \in \mathbb{N}$  and  $\delta_{i,j}^2$  such that (19) holds for all  $\epsilon \in (0, \epsilon_0)$ .

The curves  $\gamma_{i,j}$  and  $\gamma_{i^*,j^*}$  are given by graphs over the variable  $I$

$$\gamma_{i,j} = \{(I, f(I)) : I \in [I_{i,j}^1, I_{i,j}^2]\}, \quad \gamma_{i^*,j^*} = \{(I, g(I)) : I \in [I_{i^*,j^*}^1, I_{i^*,j^*}^2]\},$$

where  $I_{i,j}^2 = I_{i^*,j^*}^1$ . Extending these curves along the level curves of  $\mathcal{L}_j^*$  and  $\mathcal{L}_{j^*}^*$ , we may assume that the extended curves overlap in  $I$  direction for some interval

$$I \in [I_{i,j}^2, I_{i,j}^2 + c].$$

Lemma 3.10 applies to the inner map. By possibly reducing  $\epsilon_0$ , there exists  $N \in \mathbb{N}$ ,  $z_{i^*,j^*}^1 \in \gamma_{i^*,j^*}^*$ , and  $\delta_{i^*,j^*}^1 > 0$  such that for all  $\epsilon \in (0, \epsilon_0)$ ,

$$T^N(B_{\delta_{i,j}^2}(z_{i,j}^2)) \supset B_{\delta_{i^*,j^*}^1}(z_{i^*,j^*}^1).$$

We can continue the construction until all the balls are defined. Note that we need to reduce  $\epsilon_0$  up to finitely many times, but it will be well defined at the end of the construction. This concludes the proof of Proposition 3.9.  $\square$

## 4 Genericity

We prove Proposition 3.4 in this section. The proof follows a standard parametric transversality argument. In Section 4.1, we prove that the map  $g \mapsto \mathcal{L}_{h+g}$  is satisfies a transversality condition. This transversality allows us to generically avoid certain degeneracies of derivatives.

**4.1 Transversality of parameters** Denote  $x = (I, \varphi, s)$ , and  $X = \mathbb{R} \times \mathbb{T} \times \mathbb{T}$ . The spaces of functions  $\mathcal{P}_\sigma$  and  $\mathcal{A}_\sigma$  are introduced in Def. 1.

**Proposition 4.1.** *At every  $x \in \mathbb{R} \times \mathbb{T} \times \mathbb{T}$ , the mapping*

$$E(g) := g \mapsto \begin{bmatrix} \partial_{(s,\varphi)} \\ \partial_{(s,\varphi)}^2 \\ \partial_{(s,\varphi)}^3 \end{bmatrix} \mathcal{L}_g(x), \quad \mathcal{P}_\sigma \rightarrow \mathbb{R}^{2+3+4} \quad (20)$$

*is a surjection.*

Before the proof, we state some Lemmas.

**Lemma 4.2.** *The mapping*

$$(x, h) \mapsto \mathcal{L}_h(x), \quad X \times \mathcal{A}_\sigma \rightarrow \mathbb{R}$$

*is  $C^\infty$  in both  $x$  and  $h$ . Moreover, for every  $l > r \geq 0$ , the mapping  $h \mapsto \mathcal{L}_h$  is well defined as a mapping  $C^l \mapsto C^l$ , and there exists a constant  $M_r > 0$  such that*

$$\|\mathcal{L}_{h_1} - \mathcal{L}_{h_2}\|_{C^r} \leq M_r \|h_1 - h_2\|_{C^{r+1}}.$$

*Proof.* Recall (6):

$$\begin{aligned} \mathcal{L}_h(I, \varphi, s) = & - \int_{-\infty}^{\infty} [h(p_0(t), q_0(t), \varphi + \omega(I)t, I, s + t) \\ & - h(0, 0, \varphi + \omega(I)t, I, s + t)] dt. \end{aligned} \quad (21)$$

By assumption  $(p_0(t), q_0(t))$  converges exponentially fast to  $(0, 0)$  as  $t \rightarrow \pm\infty$ , the integral (21) converges absolutely and uniformly over all  $x \in X$ , with the estimate

$$\sup_{x \in X} |\mathcal{L}_h(x)| \leq C_r \sup_{x \in X} |\partial_{(q,p)} h| \quad (22)$$

for some  $C_r > 0$ .

Therefore for any multi-index  $\alpha \in \mathbb{N}^3$ ,

$$\partial_x^\alpha \mathcal{L}_h = \mathcal{L}_{\partial_x^\alpha h}.$$

Since  $h$  is analytic,  $\mathcal{L}_h$  is  $C^\infty$  in  $x$ .  $\mathcal{L}_h$  is  $C^\infty$  in  $h$  since it is linear in  $h$ .

Moreover, using (22), we have

$$\|\mathcal{L}_h\|_{C^r} = \sup_{|\alpha| \leq r} \sup_x |\partial_x^\alpha \mathcal{L}_h| \leq \sup_{|\alpha| \leq r} \sup_x |\mathcal{L}_{\partial_x^\alpha h}| \leq M_r \|h\|_{C^{r+1}}$$

for some  $M_r > 0$  depending on  $C_r$ . □

Given  $r \geq 1$ , let

$$\Delta_r = \{j, k \in \mathbb{Z} : j, k \geq 0, j + k \leq r\}.$$

**Lemma 4.3.** *Given  $r \geq 1$ ,  $(I_0, s_0, \varphi_0) \in X$ , and*

$$\{c_{j,k} \in \mathbb{R} : (j, k) \in \Delta_r\},$$

*for every  $\delta > 0$ , there exists  $g \in \mathcal{P}_\sigma$  such that*

$$|\partial_\phi^j \partial_s^k \mathcal{L}_g(I_0, s_0, \varphi_0) - c_{j,k}| < \delta, \quad \forall j, k \in \Delta_r.$$

*Proof.* Let  $G_0(\varphi, s)$  be a smooth function that satisfies

$$\partial_\phi^j \partial_s^k G_0(\varphi_0, s_0) = c_{j,k}, \quad \forall j, k \in \Delta_r.$$

In a neighborhood  $U$  of  $q_0(0)$  we consider a coordinate change  $\phi : U \rightarrow \mathbb{R}^d$  such that  $\varphi(q_0(t)) = te_1$  for all  $t$  such that  $q_0(t) \in U$ , where  $e_1$  is the first coordinate vector. Let  $a > 0$  be small enough such that  $[-a, a]^d \subset \phi(U)$ , and given  $\delta_1 > 0$  let  $\eta_1$  be a smooth function supported on  $(-a/2, a/2)$  such that

$$\left| \int \eta_1(t) f(t) dt - f(0) \right| < \delta_1 \|f\|_{C^r}$$

for any test function  $f$ . Let  $\eta$  be a smooth function such that  $\eta(x_1, \dots, x_d) = \eta_1(x_1)$  on  $[-a/2, a/2]^d$  and supported on  $[-a, a]^d$ , then define

$$R_0(q) = \eta \circ \varphi(q).$$



Let  $f(t)$  be a smooth test function, we have

$$\left| \int_{-\infty}^{\infty} R_0(q_0(t))f(t)dt - f(0) \right| = \left| \int_{-\infty}^{\infty} \eta_1(te_1)f(t)dt - f(0) \right| \leq \delta_1 \|f\|_{C^r}.$$

Define  $g_0(q, \varphi, t) = R_0(q)G_0(\varphi, s)$ , we get

$$\begin{aligned} & |\partial_\varphi^j \partial_s^k \mathcal{L}_g(I_0, \varphi_0, s_0) - c_{j,k}| \\ &= \left| \int_{-\infty}^{\infty} (R(q_0(t)) - R(0)) \partial_\varphi^j \partial_s^k G(\varphi_0 + \omega(I)t, s_0 + t) dt - c_{j,k} \right| \\ &= \left| \int_{-\infty}^{\infty} R(q_0(t)) \partial_\varphi^j \partial_s^k G(\varphi_0 + \omega(I)t, s_0 + t) dt - c_{j,k} \right| \leq \delta_1 C, \end{aligned}$$

where  $C$  is a constant that depends only on  $G$ . We now choose  $\delta_1$  so that  $\delta_1 C < \delta/2$ .

Since  $\mathcal{P}_\sigma$  is dense in  $C^{r+1}(\mathbb{T}^3)$ , by Lemma 4.2, we can choose  $g \in \mathcal{P}_\sigma$  such that

$$\|\mathcal{L}_g - \mathcal{L}_{g_0}\|_{C^r} < \delta/2.$$

This choice of  $g$  verifies the claim of our lemma.  $\square$

*Proof of Proposition 4.1.* We can represent the codomain of (20) by

$$\{c_{j,k} : j, k \in \Delta_r \setminus \{(0, 0)\}\}.$$

Let  $\mathbf{c}_1, \dots, \mathbf{c}_{10}$  be a basis of the above space, then by Lemma 4.3, for any  $\delta > 0$ , there exists  $g_1, \dots, g_{10} \in \mathcal{P}_\sigma$  such that

$$\|E(g_i) - \mathbf{c}_i\|_\infty < \delta$$

for all  $1 \leq i \leq 10$ . It suffices to choose  $\delta$  small enough so that  $E(g_i)$  still form a basis.  $\square$

**4.2 Generic property of critical points** We proceed to prove Proposition 3.5.

**Lemma 4.4.** *There exists an open and dense subset  $\mathcal{G}(I^-, I^+) \subset \mathcal{P}_\sigma$ , such that for all  $I \in [I^-, I^+]$  and  $g \in \mathcal{G}(I^-, I^+)$ , the function*

$$(s, \varphi) \mapsto \mathcal{L}_{h+g}(I, s, \varphi), \quad \mathbb{T}^2 \rightarrow \mathbb{R}$$

*does not admit any degenerate local minima or maxima.*

*Proof.* Let  $\mathbb{S}^1 = \{v \in \mathbb{R}^2 : \|v\| = 1\}$ , consider the mapping

$$F(x, v, g) = \begin{bmatrix} \partial_\varphi \mathcal{L}_{h+g}(x) \\ \partial_s \mathcal{L}_{h+g}(x) \\ \partial_{(s,\varphi)}^2 \mathcal{L}_{h+g}(x)v \\ \partial_{(s,\varphi)}^3 \mathcal{L}_{h+g}(x)[v, v, v] \end{bmatrix}, \quad X \times \mathbb{S}^1 \times \mathcal{P}_\sigma \rightarrow \mathbb{R}^5.$$

Since  $F$  is linear in  $g$ ,

$$\partial_g F(x_0, v_0, g_0)(\delta g) = F(x_0, v_0, \delta g).$$

By Proposition 4.1, at every  $(x_0, v_0, g_0) \in \mathbb{R} \times \mathbb{S}^1 \times \mathcal{P}_\sigma$ , there exists a finite dimensional subspace  $E \subset \mathcal{P}_\sigma$ , such that the mapping

$$\delta g \mapsto \partial_g F(x_0, v_0, g_0)(\delta g) = F(x_0, v_0, \delta g), \quad E \rightarrow \mathbb{R}^5$$

is a surjection. Moreover, by the smoothness of the mapping  $F$  in  $(x_0, v_0, g_0)$ , the same is true for all  $(x, v, g)$  contained in a neighborhood  $U_{\text{loc}}$  of  $(x_0, v_0, g_0) \in X \times \mathbb{S}^1 \times E$ . By the implicit function theorem, the set

$$W_{\text{loc}} = \{(x, v, g) : F(x, v, g) = 0\}$$

is a submanifold of codimension 5 in  $U_{\text{loc}}$ . Let  $\pi_g$  be the projection into the  $g$  component, then by Sard's Theorem, the set of regular values  $g \in \pi_g(U_{\text{loc}})$ , denoted  $\mathcal{G}_{\text{loc}}$ , is a residual set in  $U_{\text{loc}}$ . Since  $d\pi_g$  has at most co-rank 4,  $g_1$  is a regular value implies  $\pi_g^{-1}(g_1) \cap W_{\text{loc}} = \emptyset$ , which means  $F(x, v, g_1) \neq 0$  for all  $g_1 \in \mathcal{G}_{\text{loc}}$  and  $(x, v, g_1) \in U_{\text{loc}}$ .

Let  $U_i$  be a countable covering of the separable space  $X \times \mathbb{S}^1 \times \mathcal{P}_\sigma$ , we apply the above argument to each  $U_i$  to obtain a relatively residual set  $\mathcal{G}_i \subset U_i$ , such that  $F(x, v, g_1) \neq 0$  for all  $g_1 \in \mathcal{G}_i$  and  $(x, v, g_1) \in U_i$ . Then

$$\mathcal{G} = \bigcup_i \mathcal{G}_i$$

is a residual subset of  $\mathcal{P}_\sigma$ , such that for every  $g \in \mathcal{G}$  and  $(x, v) \in X \times \mathbb{S}^1$ ,

$$F(x, v, g) \neq 0.$$

Finally, set

$$\mathcal{G}(I^-, I^+) = \{g : F(x, v, g) \neq 0, \text{ for all } x, v \in [I^-, I^+] \times \mathbb{T} \times \mathbb{T} \times \mathbb{S}^1\},$$

this set is open due to compactness in  $(x, v)$ . It is also dense since  $\mathcal{G}(I^-, I^+) \supset \mathcal{G}$ .

To prove our lemma, let  $g \in \mathcal{G}(I^-, I^+)$  and let  $x_0 = (I_0, s_0, \varphi_0)$  be a degenerate critical point of  $\mathcal{L}_{h+g}$ , i.e.,  $\partial_{(s, \varphi)} \mathcal{L}_{h+g} = 0$  and there exists  $v \in \mathbb{S}^1$  such that

$$\partial_{(s, \varphi)}^2 \mathcal{L}_{h+g}(x_0)v = 0.$$

Since  $F(x, v, g) \neq 0$ , we must have

$$\partial_s^3(s, \varphi) \mathcal{L}_{h+g}(x)[v, v, v] \neq 0.$$

We conclude that the function  $t \mapsto \mathcal{L}_{h+g}(x_0 + t(0, v))$  is an open mapping near  $t = 0$ , hence  $(s_0, \varphi_0)$  cannot be a local minimum or maximum of  $\mathcal{L}_{h+g}(I_0, \cdot, \cdot)$ .  $\square$

*Proof of Proposition 3.5.* By Lemma 4.4, if  $g \in \mathcal{G}(I^-, I^+)$ , then for all  $I \in [I^-, I^+]$  the function  $\mathcal{L}_{h+g}(I, \cdot, \cdot)$  has no degenerate minima or maxima.

Fix  $g \in \mathcal{G}(I^-, I^+)$ , and let  $M_g \subset \mathbb{T} \times \mathbb{T}$  denote the set of all global minima of  $\mathcal{L}_{h+g}(I, \cdot, \cdot)$  for some  $I \in [I^-, I^+]$ . Since all the minima are non-degenerate, they are isolated on each level  $\{I\} \times \mathbb{T} \times \mathbb{T}$ . Moreover, any non-degenerate local minima can be extended smoothly to a neighborhood of  $I$ . We conclude that  $M_g$  is contained in a finite family of curves of non-degenerate local minima  $\{(I, \varphi_j^*(I), s_j^*(I)) : I \in J\}$  where  $J \in \mathcal{J}$  is a finite collection of open intervals, and  $\bigcup_{J \in \mathcal{J}} J \supset [I^-, I^+]$ . We now select the intervals  $[I_j^-, I_j^+]$  inductively as such:

- Let  $(I_1^-, I_1^+)$  be any interval in  $\mathcal{J}$  what contains  $I^-$ .
- If intervals  $(I_j^-, I_j^+)$  are selected for  $j \leq m$ , pick any interval  $(a, b)$  in  $\mathcal{J}$  that contains  $I_m^+$ . Set  $I_{m+1}^- = \max\{a, (I_m^- + I_m^+)/2\}$  and  $I_{m+1}^+ = b$ .  $\square$

**Acknowledgements.** AD is supported by Spanish grant PID2021-123968NB-I00 (MICIU/AEI/10.13039/501100011033/FEDER/UE). KZ is supported by NSERC fund RGPIN-2019-07057.

**Data Availability** The authors declare that the data supporting the findings of this study are available within the paper.

## Declarations

**Conflicts of Interest** Both authors have contributed equally to the conception and design of the presented study, and declare no conflict of interest.

**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Springer Nature or its licensor (e.g. a society or other partner) holds exclusive rights to this article under a publishing agreement with the author(s) or other rightsholder(s); author self-archiving of the accepted manuscript version of this article is solely governed by the terms of such publishing agreement and applicable law.

## Appendix A. Shadowing Pseudo-Orbits Using Poincaré Recurrence

In this section we describe the proof of Proposition 3.3. This Proposition has minor differences from Theorem 3.7 of [24] by allowing the iterates of inner dynamics. Our assumption on the measure preserving properties of  $T$  and  $S_j$  is also stronger than that of [24] but nevertheless satisfied for a priori unstable systems. The proof follows the main ideas of [24].

**Lemma A.1** (Lemma 3.2 of [24]). *Suppose  $\Lambda_\epsilon$  is an NHIM of the Hamiltonian  $H$  and  $T$  is the associated inner map. Assume that there exists a finite family  $S_j$ ,  $1 \leq j \leq m$ , of scattering maps defined on open subsets of  $\Lambda_\epsilon$ . Assume that  $\Lambda_\epsilon$  is compact.*

*Then for every  $\delta > 0$ , there exists two family of functions  $n_i^* : \mathbb{N}^i \rightarrow \mathbb{N}$  and  $m_i^* : \mathbb{N}^{2i+1} \times \mathbb{N}^{i+1} \rightarrow \mathbb{N}$  such that for every pseudo-orbit  $y_i$ ,  $0 \leq i \leq N-1$ , of the form*

$$y_{i+1} = T^{m_i} \circ S_{j_i} \circ T^{n_i}$$

*such that*

$$n_i \geq n_i^*(j_0, \dots, j_i), \quad m_i \geq m_i^*(n_0, \dots, n_i, m_0, \dots, m_{i-1}, j_0, \dots, j_i),$$

*there exists an orbit  $z(t)$  of the Hamiltonian flow and  $t_0 < \dots < t_N$  such that*

$$d(z(t_i), y_i) < \delta.$$

To prove Proposition 3.3, given any pseudo-orbit of  $T$  and  $S_j$ , we can use Poincaré recurrence to attach arbitrarily long excursions of iterates of  $T$ . This allows us to construct a new pseudo-orbit that satisfies the requirement of Lemma A.1.

In the rest of the section, any unspecified “measure” stands for Lebesgue measure.

*Proof of Proposition 3.3.* First, rewrite the pseudo-orbit in the following form

$$x_{i+1} = T^{s_i} \circ S_{j_i}(x_i) =: f_i(x_i), \quad 0 \leq i \leq N-1$$

where  $s_i \geq 0$ . Note that each  $f_i$  maps positive measure sets to positive measure sets, and zero measure sets to zero measure sets. Since each  $f_i$  are continuous, then there exists open balls  $B_i$  with  $x_i \in B_i \subset B_{\delta/2}(x_i)$  such that

$$f_i(B_i) \subset B_{i+1}.$$

Let  $n_i^*, m_i^*$  be the functions given by Lemma A.1 depending on  $\delta/2$  and  $j_i$ .

By the Poincaré recurrence theorem, there exists  $n_0 \geq n_0^*(j_0)$  such that both

$$E'_0 = \{x \in B_0 : T^{k_0}(x) \in B_0\},$$

and  $T^{n_0}(E'_0)$  have positive measure. Since

$$f_0 \circ T^{n_0}(E'_0),$$

has positive measure, there exists  $l_0 \geq m_0^*(n_0, j_0) - s_0$  such that

$$F'_0 = \{x \in f_0 \circ T^{n_0}(E'_0) : T^{l_0}(x) \in f_0 \circ T^{n_0}(E'_0)\}$$

has positive measure and so does  $F_0 = T^{l_0}(F'_0) \subset f_0 \circ T^{n_0}(E'_0) \subset B_1$ . Set  $m_0 = l_0 + s_0$  and  $g_0 = T^{l_0} \circ f_0 \circ T^{n_0} = T^{m_0} \circ S_{j_0} \circ T^{n_0}$ , and

$$E_0 = g_0^{-1}(F_0) \cap E'_0.$$

Then  $g_0(E_0) = T^{l_0}(F'_0) = F_0$  and both  $E_0$  and  $F_0$  have positive measure.

Inductively, suppose  $E_i, F_i, g_i = T^{m_i} \circ S_{j_i} \circ T^{n_i}$  are constructed such that

$$n_i \geq n_i^*(j_0, \dots, j_i), \quad m_i \geq m_i^*(n_0, \dots, n_i, m_0, \dots, m_{i-1}, j_0, \dots, j_i),$$

satisfies

$$E_i \supset \dots \supset E_0,$$

$$F_i = g_i \circ \dots \circ g_0(E_i) \subset B_{i+1}$$

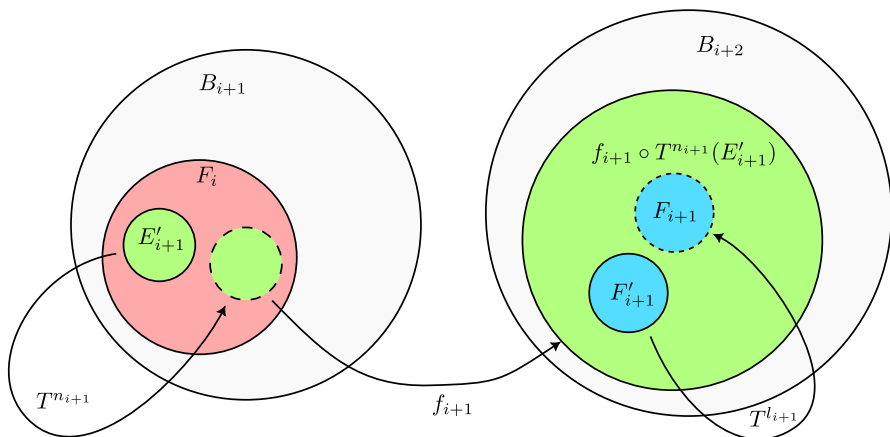
and  $E_i, F_i$  have positive measure. See Figure 3 for a diagram of the sets involved in the construction.

We set

$$E'_{i+1} = \{x \in F_i : T^{n_{i+1}}(x) \in F_i\},$$

where  $n_{i+1} \geq n_{i+1}^*(j_0, \dots, j_{i+1})$  is chosen such that both  $E'_{i+1}$  and  $T^{n_{i+1}}(E'_{i+1})$  has positive measure. Let  $l_{i+1} \geq m_{i+1}^*(n_0, \dots, n_{i+1}, m_0, \dots, m_i, j_0, \dots, j_i) - s_{i+1}$  such that

$$F'_{i+1} = \{x \in f_{i+1} \circ T^{n_{i+1}}(E'_{i+1}) : T^{n_{i+1}}(x) \in f_{i+1} \circ T^{n_{i+1}}(E'_{i+1})\}$$



**Fig. 3.** Diagram for the choice of the sets  $E_i, F_i$

$m_{i+1} = l_{i+1} + s_{i+1}$ ,  $F_{i+1} = T^{l_{i+1}}(F'_{i+1}) \subset f_{i+1} \circ T^{n_{i+1}}(E'_{i+1}) \subset B_{i+2}$ . Our construction ensures

$$g_{i+1} \circ \cdots \circ g_0(E_i) = g_{i+1}(F_i) \supset g_{i+1}(E'_{i+1}) \supset F_{i+1},$$

therefore

$$E_{i+1} := (g_{i+1} \circ \cdots \circ g_0(E_i))^{-1}(F_{i+1}) \cap E_i$$

is mapped onto  $F_{i+1}$  by  $g_{i+1} \circ \cdots \circ g_0(E_i)$ .

Apply the construction for  $0 \leq i \leq N-1$ , we obtain

$$g_i \circ \cdots \circ g_0(E_{N-1}) \subset g_i \circ \cdots \circ g_0(E_i) = F_i \subset B_{i+1},$$

for all  $0 \leq i \leq N-1$ . Pick any  $y_0 \in E_N$ , then

$$y_{i+1} = g_i(y_i)$$

defines a pseudo-orbit satisfying the condition of Lemma A.1 and

$$d(y_i, x_i) < \delta/2.$$

Apply Lemma A.1, we get a real orbit shadowing  $y_i$  within  $\delta/2$  distance, which shadows  $x_i$  within  $\delta$  distance.  $\square$

## References

1. Arnold, V.: Instability of dynamical systems with several degrees of freedom. *Sov. Math. Doklady*, 5:581–585.; See also Vladimir I. Arnold—collected works. Vol. I, Springer-Verlag, Berlin **2009**, 423–427 (1964). <https://doi.org/10.1007/978-3-642-01742-1>, or *Hamiltonian Dynamical Systems*, edited by R.S MacKay, J.D Meiss, CRC Press, 2020, pp. 633–637, <https://doi.org/10.1201/9781003069515>
2. Bernard, P.: The dynamics of pseudographs in convex Hamiltonian systems. *J. Amer. Math. Soc.* **21**(3), 615–669 (2008)
3. Bernard, P., Kaloshin, V., Zhang, K.: Arnold diffusion in arbitrary degrees of freedom and normally hyperbolic invariant cylinders. *Acta Math.* **217**(1), 1–79 (2016)
4. Chen, Q., de la Llave, R.: Analytic genericity of diffusing orbits in a priori unstable Hamiltonian systems. *Nonlinearity* **35**(4), 1986–2019 (2022)
5. Cheng, C.-Q.: Dynamics around the double resonance. *Camb. J. Math.* **5**(2), 153–228 (2017)

6. Cheng, C.-Q.: The genericity of Arnold diffusion in nearly integrable Hamiltonian systems. *Asian J. Math.* **23**(3), 401–438 (2019)
7. Cheng, C.-Q., Yan, J.: Existence of diffusion orbits in a priori unstable Hamiltonian systems. *J. Differential Geom.* **67**(3), 457–517 (2004)
8. Cheng, C.-Q., Yan, J.: Arnold diffusion in Hamiltonian systems: a priori unstable case. *J. Differential Geom.* **82**(2), 229–277 (2009)
9. Clarke, A., Fejoz, J., Guardia, M.: A counterexample to the theorem of Laplace-Lagrange on the stability of semimajor axes. *Arch. Ration. Mech. Anal.*, 248(2):Paper No. 19, 73 and No. 34, 2, (2024)
10. Clarke, A., Turaev, D.: Arnold diffusion in multidimensional convex billiards. *Duke Math. J.* **172**(10), 1813–1878 (2023)
11. Delshams, A., de la Llave, R., Seara, T.M.: A geometric approach to the existence of orbits with unbounded energy in generic periodic perturbations by a potential of generic geodesic flows of  $T^2$ . *Comm. Math. Phys.* **209**(2), 353–392 (2000)
12. Delshams, A., de la Llave, R., Seara, T.M.: A geometric mechanism for diffusion in Hamiltonian systems overcoming the large gap problem: heuristics and rigorous verification on a model. *Mem. Amer. Math. Soc.*, 179(844):viii+141, (2006)
13. Delshams, A., de la Llave, R., Seara, T.M.: Geometric properties of the scattering map of a normally hyperbolic invariant manifold. *Adv. Math.* **217**(3), 1096–1153 (2008)
14. Delshams, A., Gutiérrez, P.: Homoclinic orbits to invariant tori in Hamiltonian systems. In *Multiple-time-scale dynamical systems* (Minneapolis, MN, 1997), volume 122 of IMA Vol. Math. Appl., pages 1–27. Springer, New York, (2001)
15. Delshams, A., Hugué, G.: Geography of resonances and Arnold diffusion in a priori unstable Hamiltonian systems. *Nonlinearity* **22**(8), 1997–2077 (2009)
16. Delshams, A., Kaloshin, V., de la Rosa, A., Seara, T.M.: Global instability in the restricted planar elliptic three body problem. *Comm. Math. Phys.* **366**(3), 1173–1228 (2019)
17. Delshams, A., Schaefer, R.G.: Arnold diffusion for a complete family of perturbations. *Regul. Chaotic Dyn.* **22**(1), 78–108 (2017)
18. Delshams, A., Schaefer, R.G.: Arnold diffusion for a complete family of perturbations with two independent harmonics. *Discrete Contin. Dyn. Syst.* **38**(12), 6047–6072 (2018)
19. Douady, R.: Stabilité ou instabilité des points fixes elliptiques. *Ann. Sci. École Norm. Sup. (4)* **21**(1), 1–46 (1988)
20. Farré, G., Fayad, B.: Instabilities of invariant quasi-periodic tori. *J. Eur. Math. Soc. (JEMS)* **24**(12), 4363–4383 (2022)
21. Fayad, B.: Lyapunov unstable elliptic equilibria. *J. Amer. Math. Soc.* **36**(1), 81–106 (2023)
22. Gelfreich, V., Turaev, D.: Arnold diffusion in a priori chaotic symplectic maps. *Comm. Math. Phys.* **353**(2), 507–547 (2017)
23. Gidea, M., de la Llave, R.: Topological methods in the instability problem of Hamiltonian systems. *Discrete Contin. Dyn. Syst.* **14**(2), 295–328 (2006)
24. Gidea, M., de la Llave, R., M-Seara, T.: A general mechanism of diffusion in Hamiltonian systems: qualitative results. *Comm. Pure Appl. Math.*, 73(1):150–209, (2020)
25. Gidea, M., Marco, J.-P.: Diffusing orbits along chains of cylinders. *Discrete Contin. Dyn. Syst.* **42**(12), 5737–5782 (2022)
26. Kaloshin, V., Levi, M., Saprykina, M.: Arnold’s diffusion in a pendulum lattice. *Comm. Pure Appl. Math.* **67**(5), 748–775 (2014)
27. Kaloshin, V., Zhang, K.: Arnold diffusion for smooth systems of two and a half degrees of freedom. *Annals of Mathematics Studies*, vol. 208. Princeton University Press, Princeton, NJ (2020)
28. Mané, R.: On the minimizing measures of lagrangian dynamical systems. *Nonlinearity* **5**(3), 623 (1992)
29. Marco, J.-P.: A symplectic approach to Arnold diffusion problems. In A. Fathi, P. J. Morrison, T. M-Seara, and S. Tabachnikov, editors, *Hamiltonian systems: dynamics, analysis, applications*, volume 72 of *Math. Sci. Res. Inst. Publ.*, pages 229–295. Cambridge Univ. Press, Cambridge, (2024)
30. Mather, J.N.: Arnold diffusion by variational methods. In: Pardalos, P.M., Rassias, T.M. (eds.) *Essays in mathematics and its applications. In honor of Stephen Smale’s 80th birthday*, pp. 271–285. Springer, Heidelberg (2012)
31. Treschev, D.: Multidimensional symplectic separatrix maps. *J. Nonlinear Sci.* **12**(1), 27–58 (2002)
32. Treschev, D.: Evolution of slow variables in a priori unstable Hamiltonian systems. *Nonlinearity* **17**(5), 1803–1841 (2004)
33. Zhang, K.: Speed of Arnold diffusion for analytic Hamiltonian systems. *Invent. Math.* **186**(2), 255–290 (2011)